

HYDRO-THERAPY

EPSA HEALTH AND REHABILITATION CLINIC

What is Hydrotherapy

Hydrotherapy is the use of water to treat a wide variety of conditions, particularly beneficial for people on the NDIS.

Conditions our Accredited Exercise Physiologists assist with include, but are not limited to;

- Multiple Sclerosis
- Post-Stroke
- Muscular Dystrophy
- Traumatic Brain Injury
- Parkinson's Disease
- Polio Syndrome
- Autism
- Plus more

Hydrotherapy Location Areas

- Bedford Park
- Elizabeth
- Mount Barker
- Prospect
- Modbury
- Salisbury
- Mawson Lakes



PROGRAMS **INDIVIDUALLY TAILORED** TO FOCUSING ON CLIENT'S **GOALS** AND IDENTIFIED **CHALLENGE AREAS**

BENEFITS OF **HYDROTHERAPY** INCREASE

Muscle Strength & Muscular Endurance



Coordination & Balance



Mobility & Flexibility



Emotional & Sensory Regulation



Call Now!

(08) 8186 2424



Email.

info@epsa.net.au

Referral Form.



Website.

epsa.net.au

